

THE ARTIST'S SOULMATE

Anne Cook's wonderful adventures as The Artist's Wife

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Arts Foundation and CrabGrass

July 15, 2010 by Anne McGuire Cook

Quick Editorial Update:

The past two months have been...not sure how to explain it, I'll just say that it led me to take a mental vacation! I needed to reduce the number of tasks on my to do list, I needed to push certain duties to the side and take a time out. I figured if my boys can have them then so can I and just as I tell them- "A time out will calm you down "- I am much calmer and jump back into The Artist's Soulmate. Enough about my time out, just thought I would provide readers with my excuse for taking time off!



CrabGrass

This past Tuesday Robert and I took the boys to an outdoor concert (presented by the [Arts Foundation](#)) featuring [CrabGrass](#) on the green in Dennis. Adam, 4, was the most excited since he loves country music and thought he would see some cowboys. Zak, 9, is more interested in pop music and electric guitars and grumbled a bit on the way over. The final outcome was a night of pure fun! We

arrived and staked out claim with blankets, pillows and cooler and then headed off to Smuggler's for some ice-cream. By the time the bluegrass music started we were seated- though the kids were not seated for long- and clapping with the other concert goers. The children were dancing, running about playing tag and questioning Robert about the different instruments- Is it a bass or a cello, what is a mandolin? At the end both boys grabbed a piece of paper and a pen and asked for autographs. Each member of the band signed the papers and the boys left with smiles from ear to ear. On the way home, both boys sat in the backseat staring at their autographs, amazed at what they held.

To be honest I was not sure if I even knew what bluegrass music was, or if I would be able to handle 1 1/2 hours of it but I came away impressed and looking forward to hearing [CrabGrass](#) again. The musical talents of Les Beavan on Banjo, Chris Miner on Mandolin, Steve Finch and Dan Fortier on Rhythm & Lead Guitars, and Steve Healey on Bass blew me away. [Bill Monroe](#), a bluegrass pioneer explained the music as being : "Scottish bagpipes and ole-time fiddlin'. It's Methodist and Holiness and Baptist. It's blues and jazz, and it has a high lonesome sound. It's plain music that tells a good story. It's played from my heart to your heart, and it will touch you. Bluegrass is music that matters."

If you have not heard bluegrass music Check out CrabGrass's upcoming shows by clicking [here](#). It is a truly American experience and one that I would recommend to everyone. Plus, you just might find a CD that the whole family can listen to!

So check out the calendar for the [summer concert series](#), enjoy free music, support our local musicians and spend a few hours of pure fun. And I send my thanks to the Arts Foundation which made these concerts possible.



5x7 Cape Cod \$35

Robert has been busy during my hiatus loading all of his artwork onto [Etsy](#) (check out the paintings and buy one!!), taking up where I left off as well as painting a series of small paintings of Hawaii and Cape Cod. The beautiful weather and the beauty of Cape Cod has driven him to the studio to create everyday so look out for new paintings.

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ANNE'S TWITTER

Just finished a new post for The Artist's Soulmate <http://wp.me/pRQcR-24> Read it to discover an awesome Bluegrass band and see Robert's art! 4 days ago

Zak oiling his glove- getting ready to play some catch! <http://yfrog.com/g4489ej> 1 month ago

Adam golfing with a whiffle bat in the backyard! <http://yfrog.com/2o4g2j> 1 month ago

Another day to express my love for my boys & the joy they bring me! Can't forget to mention the support & love of Robert. My family rocks!! 2 months ago

ROBERT'S TWITTER

Thanks to all your compliments and wonderful inspiration and support for <http://www.etsy.com/shop/Rc> 23 hours ago

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ART AVAILABLE FOR PURCHASE
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